

# Individuals with Cognitive Disabilities

## Dressing & Self-Care Challenges

Cognitive disabilities can affect a person's memory, attention, sequencing, reasoning, and problem-solving, making dressing and personal care routines difficult or inconsistent.

### Individuals may:



Forget steps in the dressing process



Have difficulty choosing appropriate clothing for the weather or situation



Struggle with orientation (e.g., putting clothes on backwards)



Become easily overwhelmed by too many choices or complex fasteners



Have reduced impulse control leading to clothing being removed inappropriately

**These challenges can result in increased dependence on caregivers, longer dressing routines, frustration, and safety risks.**

## How Adaptive Clothing Helps

### For the Patient

- ⚡ Simplifies tasks with easy closures like magnets, Velcro, and elastic
- ⚡ Reduces confusion through intuitive designs and fewer fasteners
- ⚡ Boosts confidence and independence by enabling more self-dressing

### For the Caregiver

- ⚡ Speeds up dressing routines, especially for individuals who resist care
- ⚡ Minimizes physical strain when assisting with dressing or hygiene tasks
- ⚡ Reduces behavioral challenges by making the process smoother and less invasive
- ⚡ Enhances dignity by allowing more independence

**LS ADAPTIVE**

Save Time. Conserve Energy. Designed To Empower.